

Andrew J. Bernstein, M.D.

Experience:

Associate Urologist

PREMIER UROLOGY GROUP
CONSULTANTS IN UROLOGY DIVISION

July 2008-Present
Westfield, NJ

- Private Practice in General Urology, specializing in minimally invasive & robotic surgery
- Attending Staff -
 - *Overlook Hospital* (Summit, NJ)
 - Director of Robotic Surgery
 - *St. Michael's Medical Center* (Newark, NJ)
 - *St. Barnabas Medical Center* (Livingston, NJ)
 - *Clara Maass Medical Center* (Belleville, NJ)
 - *Trinitas Regional Medical Center* (Elizabeth, NJ)

Diplomate

AMERICAN BOARD OF UROLOGY (#16577)

- Certifying Examination – Part 2
- Qualifying Examination - Part I
- Oncology Knowledge Assessment Test

Passed, February 2010
Passed, August 2007
Passed, November 2007

Invited Lecturer

“ADVANCES IN SURGICAL THERAPIES: LESS IS MORE”
Overlook Hospital

November 2009

Summit, NJ

Fellow, Minimally Invasive Urology

UNIVERSITY OF CHICAGO

July 2007 to June 2008
Chicago, IL

Original Research:

- “*Pelvic Lymphadenectomy During Robot-Assisted Radical Prostatectomy: Assessing Nodal Yield, Perioperative Outcomes, and Complications*”
Zorn KC, Katz MH, **Bernstein AJ**, Shikanov SA, Brendler CB, Zagaja GP, Shalhav, AL.
Urology, Vol. 74 (2), August 2009, 296-302.
- “*Urinary and sexual quality of life 1 year following robotic assisted laparoscopic radical prostatectomy.*”
Shikanov SA, Eng MK, **Bernstein AJ**, Katz M, Zagaja GP, Shalhav AL, Zorn KC.
Journal of Urology, Vol. 180, Number 2, August 2008, 663-7.
- “*Laparoscopic port-site metastasis in urologic surgery*”

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Eng MK, Katz MH, **Bernstein AJ**, Shikanov S, Shalhav AL, Zorn KC.
Journal of Endourology, Vol. 22, Number 8, August 2008 pp 1581-5.

- “*Fifteen-year follow-up of transplantation of a cadaveric polycystic kidney: a case report.*”
Eng MK, Zorn KC, Harland RC, **Bernstein AJ**, Katz M, Shikanov S, Shalhav AL.
Transplant Proceedings, Vol. 40, Number 5, June 2008,1747-50.
- “*The University Of Chicago Technique For Pelvic Lymphadenectomy during Robotic Prostatectomy: Assessing Nodal Yield, Operative Statistics, and Complications*”
Andrew J. Bernstein, Mark H. Katz, Sergey A. Shikanov, Michael K. Eng, Charles B. Brendler, Arie L. Shalhav, Gregory P. Zagaja, Kevin C. Zorn
World Robotic Urology Symposium – Moderated Poster March 2008
AUA Annual Meeting – Moderated Poster May 2008
- “*Long-term Functional and Oncological Outcomes of Patients After Sural Nerve Interposition Grafting during Robotic-assisted Laparoscopic Radical Prostatectomy*”
Kevin C. Zorn, **Andrew J. Bernstein**, Ofer N. Gofrit, Albert A. Mikhail, David H. Song, Marcelo A. Orvieto, Gary D. Steinberg, Gregory P. Zagaja, Arie L. Shalhav
Journal of Endourology, Vol. 22, Number 5, May 2008.
- “*Robotic Assisted Laparoscopic Prostatectomy after TURP: A Multi-Institutional Analysis of Oncologic and Quality of Life Outcomes*”
Andrew J. Bernstein, Daniel Eun, Mark H Katz, Michael Eng, Ronald Boris, Sergey A. Shikanov, Arie L. Shalhav, Gregory P. Zagaja, James O. Peabody, Kevin C. Zorn, Mani Menon
AUA Annual Meeting – Moderated Poster May 2008
- “*Gleason 6 Prostate Cancer in 1 or 2 Biopsy Cores Can Harbor More Aggressive Disease*”
Mark H. Katz, Edward M. Gong, Sergey Shikanov, **Andrew J. Bernstein**, Michael Eng, Gary D. Steinberg, Gregory P. Zagaja, Arie L. Shalhav, Kevin C. Zorn
AUA Annual Meeting – Moderated Poster May 2008
- “*Patients with a Single Microfocus (< 5 %) of Gleason 6 Prostate Cancer at Biopsy: Can We Predict More Aggressive Disease at the Time of Surgery?*”
Mark H Katz, Kevin C. Zorn, Michael Eng, **Andrew J. Bernstein**, Sergey Shikanov, Arie L. Shalhav, Gregory P. Zagaja
AUA Annual Meeting – Moderated Poster May 2008
- “*Extrafacial versus Interfacial Nerve Sparing Technique for Robotic-Assisted Radical Prostatectomy: Comparison of Functional Outcomes and Side-Specific Positive Surgical Margins Rate*”
Sergey Shikanov, Kevin C. Zorn, Michael K. Eng, **Andrew J. Bernstein**, Mark Katz, Ofer N Gofrit, Gary D. Steinberg, Arie L. Shalhav, Gregory P. Zagaja
AUA Annual Meeting – Moderated Poster May 2008

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- *“Analysis of continence rates following Robotic radical prostatectomy: Strict leak- and pad-free Continence rates outcomes”*
W. Stuart Reynolds, Sergey A. Shikanov, Ofer N. Gofrit, Mark H. Katz, Michael K. Eng, **Andrew J. Bernstein**, Gregory P. Zagaja, Arieh L. Shalhav, Kevin C. Zorn
AUA Annual Meeting – Moderated Poster May 2008
- *“The Impact of Warm Ischemia Time on Perioperative Outcomes & Creatinine Clearance in Patients Undergoing Laparoscopic Partial Nephrectomy”*
Mark H. Katz, **Andrew J. Bernstein**, Michael Eng, Sergey A. Shikanov, Kevin C. Zorn, Arieh L. Shalhav
AUA Annual Meeting – Podium Presentation May 2008
- *“The Impact of renal lesion size on perioperative and pathologic outcomes in patients undergoing laparoscopic partial nephrectomy”*
Michael K. Eng, **Andrew J. Bernstein**, Mark K. Katz, Sergey A. Shikanov, Kevin C. Zorn, Arieh L. Shalhav
AUA Annual Meeting – Podium Presentation May 2008
- *Adjuvant Chemotherapy in Lymph Node Positive Bladder Cancer Improves Survival*
Mark H Katz, Ofer N. Gofrit, Kevin C. Zorn, **Andrew J. Bernstein**, Michael Eng, Sujeet S. Acharya, Walter M. Stadler, Arieh L. Shalhav, Gregory P. Zagaja, Gary D. Steinberg
AUA Annual Meeting – Moderated Poster May 2008

Lecturer

SPECIALTY REVIEW IN UROLOGY

- Instructor (Urology Board Review Course)

April 2008

Oak Brook, IL

Resident, Department of Urology

WILLIAM BEAUMONT HOSPITAL

- Chief Resident July 2003 to June 2007
Royal Oak, MI 2006-2007
- Chairman, William Beaumont Hospital Resident Council 2006-2007
- Member, William Beaumont Hospital Resident Council 2004-present
- Elective: Urodynamics & Pelvic Organ Prolapse (Larry T. Sirls, M.D.) March-April 2006
- Elective: Urologic Oncology & Laparoscopy (Kenneth M. Kernen, M.D.) April-May 2006

Awards:

- 2nd place, Michigan Urologic Society, Resident’s Day Research Competition May 2006
- 95th percentile, AUA Urology Resident Inservice Exam November 2004

Original Research:

- *“Check Your Ego at the Door: Using Team Critique to Improve Robotic Prostatectomy Margin Rates”*
Andrew J. Bernstein, David Steinberger, Jay B. Hollander, Beaumont Robotic Team
North Central Section – AUA – Podium Presentation September 2006
Michigan Urologic Society – Podium Presentation May 2007

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- “*The Efficacy of Tamsulosin in the Treatment of Ureteral Stones in Emergency Department Patients – A Randomized, Placebo Controlled Study*”
Andrew J. Bernstein, Michael Ross, Jay Hollander, Joyti Maha Patra, Ray Jackson, Brian Seifman, Patrick Medado
Enrolling patients Ongoing
- “*Development of Cavernous Nerve Stimulation: A Prospective Trial of a Novel Electrode Array*”
Andrew J. Bernstein, Jose A. Gonzalez, Kenneth M. Kernen, Kenneth M. Peters
North Central Section – AUA – Podium Presentation September 2005
Michigan Urological Society – Moderated Session May 2006
- “*A Cost and Revenue Analysis for Retropubic, Perineal, and Robotic Prostatectomy at a Large Community Hospital*”
Andrew J. Bernstein, Kenneth M Kernen, Jose A. Gonzalez, Mamtha Balasubramaniam
AUA Annual Meeting – Discussed Poster, AUA Media Event May 2005
North Central Section – AUA – Moderated Poster September 2005
Michigan Urological Society – Moderated Session May 2005
- “*Detecting Recurrent Transitional Cell Carcinoma Using ImmunoCyt Fluorescent Cytology*”
Howard Korman, **Andrew J. Bernstein**, Edward M. Messing, Lisa Teot, David Bostwick
North Central Section – AUA – Podium Presentation October 2004
Michigan Urological Society – Moderated Session May 2004

Chapters/Reviews:

- Meidee Goh, **Andrew J. Bernstein**, Ananias C. Diokno. Surgical management of urinary incontinence in older women. *Aging Health*, February 2007, Vol. 3, No. 1, Pages 85-104.
- Richard Bennett, **Andrew J. Bernstein**, Kenneth M. Peters, “*Non-Sacral Neuromodulation*” in *Female Urology and Voiding Dysfunction*, Howard B Goldman and Sandip P. Vasavada, editors, 2007. (Humana Press)
- Kenneth M. Kernen, **Andrew J. Bernstein**. Treatment of Bone Complications in Prostate Cancer. *American Journal of Urology Review*, Dec 2006, Vol. 4, Number 12, Supplement 2, pp. 4-5.
- Kenneth M. Kernen, **Andrew J. Bernstein**. Bisphosphonates in the Management of Bone Complications in Patients with Prostate Cancer. *American Journal of Urology Review*, Dec 2006, Vol. 4, Number 12, Supplement 2, pp. 6-9.
- **Andrew J. Bernstein**, Kenneth M. Peters, “*Expanding Indications for Neuromodulation*” in *Urologic Clinics of North America*, Vol. 32, Number 1, Feb. 2005, Firouz Daneshgari, Martin Resnick, editors (Elsevier Saunders).

ANDREW J. BERNSTEIN, M.D.

Resident, Department of General Surgery
WILLIAM BEAUMONT HOSPITAL

July 2001 to June 2003
Royal Oak, MI

Research Assistant

NORTHWESTERN UNIVERSITY UROLOGY LABORATORIES

August - September 2000

Chicago, IL

"In Vitro Models of Prostate Apoptosis: Clusterin as an Antiapoptotic Mediator"

Supervisor: Chung Lee, Ph.D.

- Learned and applied Western Blot techniques
- Attended weekly Genitourinary Oncology lectures and Urology Grand Rounds

Producer

WEBCHAT BROADCASTING SYSTEM

October 1995 to June 1997

Menlo Park, CA

- Led the marketing/customer service department of the world's largest 'community' web site
- Managed all events leading to the production of numerous live, 1-hour online interactive programming. Guests included: Author Tom Clancy, Musical Groups Metallica and Devo, Senator Gary Hart and others
- Participated in negotiations that ultimately led to the sale of the corporation to InfoSeek/Walt Disney Corporation

Surgery Attendant, Clinic Assistant

MIDWEST MEDICAL MISSION

February 4-11, 1995

Baharona, Dominican Republic

- Volunteered in establishing a free medical/surgical clinic in an impoverished area
- Assisted during various general surgical procedures; assisted in perioperative patient care

Research Assistant

UNIVERSITY OF MICHIGAN - DEPARTMENT OF PHARMACOLOGY

September 1994 to May 1995

Ann Arbor, MI

"Nitric Oxide Synthase Inhibitors Produce Phenycyclidine-like Behavioral Effects in Pigeons"

- Explored the discriminative stimulus effects of various Nitric Oxide Synthase inhibitors on pigeons
- Assessed the feeding and drinking effects of various opiates, peptides and their antagonists

Education:

M.D.

CHICAGO MEDICAL SCHOOL

July 1997 to June 2001

North Chicago, IL

- Member, Alpha Omega Alpha
- *GPA*: 3.49 (pre-clinical), 3.89 (clinical)
- *USMLE Step I*: 246 (mean: 215)
- *USMLE Step II*: 228 (mean: 210)
- *USMLE Step III*: 230 (mean: 207)
- Clinical Honors in Family Medicine, Internal Medicine, Surgery, Neurology, Pediatrics, Psychiatry Clerkships
- President, Junior & Senior Class of 2001 ('99-'01)
- Vice-President, Sophomore Class of 2001 ('98-'99)
- Representative, OSR - American Association of Medical Colleges
- Representative, LCME Committee for Medical School Accreditation

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- Volunteer, CMS Health Care Project - Operated a clinic devoted to caring for the homeless in Lake County, IL
- Head Writer, Actor, School Talent Show (Spring '99)

B.S., Biopsychology

UNIVERSITY OF MICHIGAN

September 1991 to April 1995

Ann Arbor, MI

- Member, Honors Program
- Chi Psi Fraternity - Scholarship Chair, Pledge Educator, Interfraternity Council Representative
- *WCBN-RADIO* - Play-by-Play/Color Commentator, News Anchor - broadcasted live play-by-play, color commentary, and sports news for Big-10 basketball & football games