



**INSTRUCTIONS FOLLOWING A TRANSRECTAL ULTRASOUND –
GUIDED BIOPSY OF THE PROSTATE GLAND**

The following is a guide to help you care for yourself following a transrectal biopsy of the prostate gland. There are three (3) conditions that you should particularly watch for. If any of these occur, call our office **immediately** at (908) 654-5100 or (201) 997-0640.

1. Excessive rectal or bladder bleeding
2. A temperature over 101 degrees or shaking chills
3. Inability to urinate

1. Do not be alarmed if you have some blood in your urine or your stool, and/or ejaculate. This is normal. The blood in your urine, stool and/or ejaculate may be present for up to 6 weeks..

You should contact the office immediately if the rectal bleeding is excessive, such as a cupful, or prolonged, or if you pass clots from your rectum or urethra.

2. If you have temperature over 101 degrees or shaking chills, contact the office immediately.
3. If after several hours, you have not been able to urinate please contact the office immediately.

You have been given an antibiotic or prescription for an antibiotic, please take as prescribed. Also, if you take **ASPIRIN OR BABY ASPIRIN** on a daily basis, you may resume taking them 5 days following your biopsy.

NOTE: As an added precaution, please do not ride on a lawn mower, snow blower or similar equipment for one week after biopsy.

The results of the biopsy will not be available for at least one week. Please make a follow up appointment 7 to 10 days after the biopsy to discuss your results with the doctor. Results of your biopsy will not be given over the phone.

Please be advised that you will receive a bill from the pathology laboratory for preparation of biopsy slides. You are responsible for this bill. Your insurance may cover a portion of these charges.

Thank you very much for your cooperation.

*Adult and Pediatric Urology • Sexual Dysfunction • Male Infertility • Urinary Incontinence • Urologic Oncology
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